January 2021 - Generations Activities

Courtyard at Mount Tabor
Independent & Assisted Living
Memory Care

LOCATION
Bus Trip (BT)
Channel 981 (C9)

ACTIVITY LEGEND
Be Adventurous
Be Challenged
Be Connected
Be Family
Be Inspired
Be Social
Be Well

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Happy New Years Day! 9:00 Good News & Horoscopes 10:00 Refreshments 11:15 Hand Washing Station 1:00 Expressive Design: Meditative Coloring 2:00 Refreshments 2:30 Finish the Phrase/Puzzles 3:00 Virtual Scenic Drive (C9) 4:00 Hand Washing Station 6:30 Movie Night (C9) **1**	9:00 Good News, Horoscopes 10:00 Refreshments 11:15 Hand Washing Station 1:00 Noodle Balloon Volleyball 2:00 Refreshments 3:00 armchair Travels 4:00 Hand Washing Station 6:00 Hand and Nail Care with Care Staff 6:30 Movie Night (C9) **2**
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