




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Courtyard at Mount Tabor Independent & Assisted Living Memory Care</p>	 <p>GENERATIONS Honor the past, connect with the present, inspire the future.</p>	<p>American Chess Day 1</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>World Coconut Day 2</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>3</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>– 🚿 Armchair Travel Brazil</p> <p>2:00 ♡ Snack Attack</p> <p>2:15 📖 Word Puzzles & Games</p> <p>3:00 📖 Name That Tune</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>4</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>12:30 📖 Scenic Drive: Washington Park</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 ★ Poet's Corner/ Short Story- on the patio (weather permitting)</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>5</p> <p>National Cheese Pizza Day</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>1:00 📖 Modified Basketball</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 ★ Jack Kerouac- On the Road- selection</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981</p>
<p>6</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:00 🚿 Sunday Services- online</p> <p>11:00 ♡ Exercise Class</p> <p>12:30 📖 The Nose Knows</p> <p>1:00 📖 Trivia Challenge/ Pavilion Jeopardy</p> <p>2:00 ♡ Snack Attack</p> <p>2:15 ★ "The Queen"- film</p> <p>6:30 ★ Movie Night on Channel 981</p>	<p>7</p> <p>Labor Day</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>1:00 📖 Grandma Moses- short film</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 🚿 Working Lives - Advice - Photo</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>8</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>12:30 ★ Tony Bennett - Full Concert-Prince Edwards Theatre</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>9</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>10</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:30 ★ Monet and Impressionism</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 ★ The Garden at Giverny</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>11</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>12:30 📖 Scenic Drive: Marine Drive</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 📖 Ping Pong</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>12</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:30 ★ "Lassie"- 1994 film</p> <p>1:30 📖 Matching games</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 ♡ Water color painting</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981</p>
<p>13</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:00 🚿 Sunday Services- online</p> <p>11:00 ♡ Exercise Class</p> <p>12:30 📖 Trivia Challenge/ Pavilion Jeopardy</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 ★ "Iris"-film</p> <p>6:30 ★ Movie Night on Channel 981</p>	<p>14</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>1:00 📖 Craft Stamping</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 📖 Knitting, Crochet, and all things with yarn...</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>15</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>16</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>17</p> <p>Happy Birthday Eileen!</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>1:00 🚿 Sing Along</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 📖 Word Puzzles & Games</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>18</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>12:30 ★ Scenic Drive: St. Johns Bridge</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 ★ Poet's Corner/ Short Story- on the patio (weather permitting)</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>19</p> <p>National Dance Day</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class - Chair Dance</p> <p>12:30 ★ "Shall We Dance?" Fred Astaire and Ginger Rogers- film</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 📖 Matching games</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981</p>
<p>20</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:00 🚿 Sunday Services- online</p> <p>11:00 ♡ Exercise Class</p> <p>1:00 📖 Trivia Challenge/ Pavilion Jeopardy</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 ★ "Battle of the Sexes"- Billie Jean King v.s. Bobby Riggs film</p> <p>6:30 ★ Movie Night on Channel 981</p>	<p>21</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>1:00 ♡ Sand and Stone Meditation Gardens</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>22</p> <p>Fall Equinox</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>1:00 ★ "Fiddler On the Roof"- film</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 🚿 School Days Reminiscing</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>23</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>24</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>1:00 ★ Felt succulents</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 📖 Word Puzzles & Games</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>25</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>12:30 ★ Scenic Drive: Sauvie Island</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 📖 Proverb Time</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>26</p> <p>National Pancake Day</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>1:00 ♡ "Grease" - film</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 ★ Painting and Drawing to music</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981</p>
<p>27</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:00 🚿 Sunday Services- online</p> <p>11:00 ♡ Exercise Class</p> <p>1:00 📖 Trivia Challenge/ Pavilion Jeopardy</p> <p>2:00 ♡ Snack Attack</p> <p>3:00 🚿 Sing Along</p> <p>6:30 ★ Movie Night on Channel 981</p>	<p>28</p> <p>National Neighbor Day</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>11:00 ♡ Exercise Class</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>12:30 ★ "Won't You Be My Neighbor" - film</p> <p>2:00 ♡ Snack Attack</p> <p>2:30 ♡ Ballon Volley</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>29</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	<p>30</p> <p>9:00 ♡ Music in the morning/ This Day in History</p> <p>9:30 🚿 Watering the garden and Weather station</p> <p>10:00 🦋 Refreshments/fruit and individual conversation</p> <p>10:30 ♡ Hand and Nail Care</p> <p>12:20 ♡ Tai Chi Qigong channel 981</p> <p>12:30 ★ "Breakfast At Tiffany's" - film</p> <p>2:00 ♡ Snack Attack</p> <p>4:00 ♡ Curtis- gym</p> <p>6:30 ★ Movie Night on Channel 981:</p>	 <p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p>		