


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
 <p>6323 SE Division St. Portland, OR 97206 503-772-9795</p> <p>Independent Living • Assisted Living • Memory Care</p>	<p>Location Keys</p> <p>2nd Floor 2 3rd Floor 3 Atrium ALZ Bus Trip BT Channel 981 Channel 981 Lobby L</p>	<p>Location Keys</p> <p>2nd Floor 2 3rd Floor 3 Atrium ALZ Bus Trip BT Channel 981 Channel 981 Lobby L</p>	<p>New Years Day! 1</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 ✨ Christian Faith Service [2]</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🎈 Balloon Toss</p> <p>2:00 🍷 Refreshments</p> <p>5:30 📺 Trivia</p> <p>6:30 🎬 Movie Night [Channel 981]</p>	<p>2</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit with Care Staff</p> <p>1:00 ✨ Expressive Design: Meditative Coloring</p> <p>2:00 🍷 Refreshments</p> <p>3:00 📺 Engagement Kits</p> <p>6:00 📺 Armchair Travels: NASA Volume 5 [Channel 981]</p>	<p>3</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit with Care Staff</p> <p>1:00 ✨ Expressive Design: Flower Arranging</p> <p>2:00 🍷 Refreshments</p> <p>3:00 🎧 Social Hour: Chris and Dawn [L]</p> <p>6:30 🎬 Documentary Movie Night [Channel 981]</p>	<p>4</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🎈 Balloon Toss</p> <p>1:00 🎧 Afternoon Music with Will Spillette</p> <p>2:00 🍷 Refreshments</p> <p>3:00 📺 Puzzle Hour</p> <p>6:00 🍷 Evening Self Care Wellness Hour</p> <p>6:30 🎬 Gilligan's Island [Channel 981]</p>			
			<p>5</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 🎈 Decorating Dog Bandannas for the O.H.S.</p> <p>1:00 📺 Scenic Drive [BT]</p> <p>2:00 🍷 Refreshments</p> <p>2:30 ✨ Expressive Design: Group Poster</p> <p>5:30 📺 Trivia</p>	<p>6 Happy Birthday Irene!</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 🎧 Pete the Piano Man & Paul on the Guitar [L]</p> <p>1:00 ✨ Gen-Narrations: Storytelling</p> <p>1:30 🍷 Refreshments</p> <p>2:30 🎧 Music Therapy With EarthTones [ALZ]</p> <p>3:30 🍷 Sit and Be Fit</p> <p>5:30 📺 BINGO</p> <p>6:30 🎬 Classic Movie Night [Channel 981]</p>	<p>7</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 ✨ Expressive Design: Watercolor Landscape Painting</p> <p>1:30 ✨ Culinary Creations</p> <p>2:30 📺 Would You Rather</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>6:00 🍷 Therapy Dog Raisin</p>	<p>8</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 ✨ Catholic Communion [3]</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 ✨ Accordion with Phill [ALZ]</p> <p>1:30 ✨ Culinary Creations</p> <p>3:00 ✨ Poets Corner</p> <p>5:30 📺 Trivia</p> <p>6:00 🎧 Alzheimer's Support Group [3]</p> <p>6:30 🎬 Movie Night [Channel 981]</p>	<p>9</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 ✨ Expressive Design: Instant Snow, Snowman Village</p> <p>2:00 ✨ Culinary Creations</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>6:00 📺 Armchair Travels: NASA Volume 6 [Channel 981]</p>	<p>10</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit with Care Staff</p> <p>1:00 ✨ Expressive Design: Flower Arranging</p> <p>2:00 🍷 Refreshments</p> <p>3:00 🎧 Social Hour: Bob Goldstick [L]</p> <p>6:30 🎬 Documentary Movie Night [Channel 981]</p>	<p>11</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🎈 Balloon Toss</p> <p>1:00 📺 Engagement Kits</p> <p>2:00 🍷 Refreshments</p> <p>3:00 📺 Puzzle Hour</p> <p>6:00 🍷 Evening Self Care Wellness Hour</p> <p>6:30 🎬 Gilligan's Island [Channel 981]</p>
			<p>12</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 🎈 Decorating Dog Bandannas for the O.H.S.</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 📺 Scenic Drive [BT]</p> <p>1:30 🎧 Afternoon Music with Katie and the Blues Berries</p> <p>2:00 🍷 Refreshments</p> <p>2:45 ✨ Expressive Design: Crayon Drip Rain Cloud</p> <p>5:30 📺 Trivia</p>	<p>13</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 🎧 Pete the Piano Man & Paul on the Guitar [L]</p> <p>1:00 ✨ Gen-Narrations: Storytelling</p> <p>1:30 🍷 Refreshments</p> <p>2:30 🎧 Music Therapy With EarthTones [ALZ]</p> <p>3:30 🍷 Sit and Be Fit</p> <p>5:30 📺 BINGO</p> <p>6:30 🎬 Classic Movie Night [Channel 981]</p>	<p>14</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>12:30 ✨ Expressive Design: Snowy Mason Jars</p> <p>1:15 ✨ Culinary Creations</p> <p>2:00 🎧 Afternoon Music with Monte Waters [L]</p> <p>2:30 📺 Would You Rather</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>6:00 🍷 Therapy Dog Raisin</p>	<p>15</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 ✨ Catholic Communion [3]</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:30 ✨ Culinary Creations</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>5:30 📺 Trivia</p> <p>6:30 🎬 Movie Night [Channel 981]</p>	<p>16</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>12:45 ✨ Expressive Design: Snow Globes</p> <p>1:45 🎧 Crafting With St. Ignatius Kids [L]</p> <p>2:00 ✨ Culinary Creations</p> <p>3:00 ✨ Gratitude Journals</p> <p>6:00 📺 Armchair Travels: NASA Volume 7 [Channel 981]</p>	<p>17</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit with Care Staff</p> <p>1:00 ✨ Expressive Design: Flower Arranging</p> <p>2:00 🍷 Refreshments</p> <p>3:00 🎧 Happy Birthday Social Hour: Mollie Page [L]</p> <p>6:30 🎬 Documentary Movie Night [Channel 981]</p>	<p>18</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🎈 Balloon Toss</p> <p>1:00 🎧 Afternoon Music with Tim Connor</p> <p>2:00 ✨ Horticultural Therapy with Mandi</p> <p>2:00 🍷 Refreshments</p> <p>3:00 📺 Puzzle Hour</p> <p>6:00 🍷 Evening Self Care Wellness Hour</p> <p>6:30 🎬 Gilligan's Island [Channel 981]</p>
			<p>19</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 🎈 Decorating Dog Bandannas for the O.H.S.</p> <p>1:00 📺 Scenic Drive [BT]</p> <p>2:00 🍷 Refreshments</p> <p>2:30 ✨ Expressive Design: Rain Sticks</p> <p>5:30 📺 Trivia</p>	<p>20 Martin Luther King Jr. Day!</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 🎧 Pete the Piano Man & Paul on the Guitar [L]</p> <p>1:00 ✨ Gen-Narrations: Storytelling</p> <p>1:00 ✨ Watching Martin Luther King Jr.'s "I have a Dream Speech" [L]</p> <p>1:30 🍷 Refreshments</p> <p>2:30 🎧 Music Therapy With EarthTones [ALZ]</p> <p>3:30 🍷 Sit and Be Fit</p> <p>5:30 📺 BINGO</p> <p>6:30 🎬 Classic Movie Night [Channel 981]</p>	<p>21</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 ✨ Expressive Design: No Sew Sock Snowman</p> <p>2:00 ✨ Culinary Creations</p> <p>2:30 🎧 An Hour of Inspiration with Matthew Casey (Christian Faith Music) [L]</p> <p>2:30 📺 Would You Rather</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>6:30 🎬 Classic TV Shows [Channel 981]</p>	<p>22</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 ✨ Catholic Communion [3]</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:30 ✨ Culinary Creations</p> <p>2:30 ✨ Poets Corner</p> <p>3:45 📺 Dinner Out: Fujiyama Grill [BT]</p> <p>5:30 📺 Trivia</p> <p>6:30 🎬 Movie Night [Channel 981]</p>	<p>23</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>12:45 ✨ Expressive Design: Sugar Crystals</p> <p>1:45 🎧 Crafting With St. Ignatius Kids [L]</p> <p>2:00 ✨ Culinary Creations</p> <p>3:00 ✨ Expressive Design: Chinese New Year Craft</p> <p>6:00 📺 Armchair Travels: NASA Volume 8 [Channel 981]</p>	<p>24</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit with Care Staff</p> <p>1:00 ✨ Expressive Design: Flower Arranging</p> <p>2:00 🍷 Refreshments</p> <p>3:00 🎧 Courtyard Community Social Hour: Jamie Goetz as Frank Sinatra [L]</p> <p>6:30 🎬 Documentary Movie Night [Channel 981]</p>	<p>25 Chinese New Year!</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🎈 Balloon Toss</p> <p>1:00 🎧 Afternoon Music with Helen Heydel</p> <p>2:00 🍷 Refreshments</p> <p>3:00 🎧 Reading Our Fortune Cookie Fortunes</p> <p>6:00 🍷 Evening Self Care Wellness Hour</p> <p>6:30 🎬 Gilligan's Island [Channel 981]</p>
			<p>26</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 🎈 Decorating Dog Bandannas for the O.H.S.</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 📺 Scenic Drive [BT]</p> <p>1:30 🎧 Afternoon Music with Katie and the Blues Berries</p> <p>2:00 🍷 Refreshments</p> <p>2:45 ✨ Expressive Design: Coffee Filter Butterflies Part 1</p> <p>5:30 📺 Trivia</p>	<p>27 Happy Birthday Eval!</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>10:30 🎧 Pete the Piano Man & Paul on the Guitar [L]</p> <p>1:00 ✨ Gen-Narrations: Storytelling</p> <p>1:30 🍷 Refreshments</p> <p>2:30 🎧 Music Therapy With EarthTones [ALZ]</p> <p>3:30 🍷 Sit and Be Fit</p> <p>5:30 📺 BINGO</p> <p>6:30 🎬 Classic Movie Night [Channel 981]</p>	<p>28</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 ✨ Expressive Design: Coffee Filter Butterflies Part 2</p> <p>2:00 ✨ Culinary Creations</p> <p>2:30 📺 Would You Rather</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>6:00 🍷 Therapy Dog Raisin</p>	<p>29</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 📺 Historical Driving Tour Of Oregon City/Willamette Falls [BT]</p> <p>10:00 🍷 Refreshments</p> <p>10:30 ✨ Catholic Communion [3]</p> <p>11:00 🍷 Sit & Be Fit</p> <p>2:00 ✨ Culinary Creations</p> <p>3:00 ✨ Gen-Narrations: Storytelling</p> <p>5:30 📺 Trivia</p> <p>6:30 🎬 Movie Night [Channel 981]</p>	<p>30</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit</p> <p>1:00 ✨ Expressive Design: Winter Paintings</p> <p>2:00 ✨ Culinary Creations</p> <p>3:00 ✨ Gratitude Journals</p> <p>6:00 📺 Armchair Travels: National Geographic: Asteroids Deadly Impact [Channel 981]</p>	<p>31</p> <p>8:45 ☕ Coffee, News & Horoscopes</p> <p>10:00 🍷 Refreshments</p> <p>11:00 🍷 Sit & Be Fit with Care Staff</p> <p>1:00 ✨ Expressive Design: Flower Arranging</p> <p>2:00 🍷 Refreshments</p> <p>3:00 🎧 Social Hour: Don Smith [L]</p> <p>6:30 🎬 Documentary Movie Night [Channel 981]</p>	<p>📺 Be Adventurous</p> <p>📺 Be Challenged</p> <p>📺 Be Connected</p> <p>📺 Be Family</p> <p>📺 Be Inspired</p> <p>📺 Be Social</p> <p>📺 Be Well</p>