


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																									
<p>1</p> <p>9:00 ☆ Coloring Hour [L] 11:00 ♥ Exercise Video [Channel 981] 1:00 🏠 Pinochle [3TV] 2:00 ☆ Afternoon Music with Curtis Smith [L] 4:30 🦋 Survey Sundays [D] 6:00 🦋 Cookies, Coffee & Conversation [CN]</p>	<p>2</p> <p><i>Happy Birthday Betty G!</i> 10:30 ☆ Pete the Piano Man & Paul on the Guitar [L] 11:00 ♥ Exercise Video [Channel 981] 1:00 🏠 Wii Bowling [3TV] 3:00 ☆ Celtic Music with Andrea Wild [L] 3:00 🏠 Skip-Bo [3TV] 6:30 🦋 Classic Movie Night: Casablanca [3TV]</p>	<p>3</p> <p>8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 🦋 And the Good News Is... [L] 9:45 ♥ Activity Suggestion Meeting [2] 10:15 📍 Resident Town Hall Meeting [2] 11:30 ♥ Exercise NOTE TIME CHANGE [2] 1:00 📺 Fred Meyer 2:00 🦋 Root Beer Float Social [L] 3:00 ♥ Trivia Time [L] 4:00 ☆ Book Club with Aaron [L] 6:00 ☆ Calming Coloring</p>	<p>4</p> <p><i>Beauty Salon Open</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ♥ Gentle Stretching [L] 9:30 🦋 Donuts & Discussion [L] 10:00 ☆ Christian Faith Service [2] 10:00 ♥ Manicures By Appointment [Appt] 10:30 ☆ Catholic Communion [3] 11:00 ♥ Exercise [2] 11:30 📺 Picnic at Leach Botanical Garden FREE [BT] 2:00 🏠 Bingo [3] 3:00 🦋 New Resident Champagne Social [L] 6:30 🦋 Wednesday Night Movie: Crazy Rich Asians [3TV]</p>	<p>5</p> <p><i>Adventist Footcare by Appt. \$\$</i> <i>International Cheese Pizza Day</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ☆ Group Chapter Reading: To Kill a Mockingbird (Harper Lee) [L] 10:00 ♥ Jeopardy [L] 11:00 ♥ Exercise [2] 11:45 🦋 Cheese Pizza Social [3] 1:00 🏠 Crossword [3] 2:00 ☆ Craft: Clay Leaves [L] 3:00 ♥ Gus the Therapy Dog Visit [L] 3:00 ♥ Arm Chair Travels: England 6:30 🦋 Evening Board Game Group [3TV]</p>	<p>6</p> <p><i>Beauty Salon Open</i> 9:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:00 🏠 Horse Shoes [L] 11:00 ♥ Exercise [2] 1:00 🏠 Bingo [3] 3:00 🦋 Happy Hour: Dennis Harris [L] 6:00 🦋 Cookies, Coffee & Conversation [CN] 6:30 ♥ Documentary Night Movie: Love Gilda [3TV]</p>	<p>7</p> <p>9:00 🏠 Dominoes [3] 10:00 🦋 Coffee Club [3] 11:00 ♥ Exercise [2] 1:00 ♥ Manicures by Appointment [Appt] 1:00 🏠 Wii Bowling [3TV] 2:00 🏠 Skip Bo [3TV] 2:30 ♥ Trivia Time [L] 6:30 🦋 Gilligan's Island [Channel 981]</p>																									
<p>8</p> <p><i>Grandparent's Day</i> <i>National Assisted Living Week</i> 9:00 ☆ Coloring Hour [L] 9:30 📺 Scenic Drive: Council Crest [BT] 11:00 ♥ Exercise [2] 1:00 🏠 Pinochle [3TV] 2:00 🦋 NALW: Grandparents & Great-Grandparents Day Craft Time [L] 3:30 ♥ Name 5 [L] 4:30 🦋 Survey Sundays [D] 6:00 🦋 Cookies, Coffee & Conversation [CN]</p>	<p>9</p> <p><i>National Assisted Living Week</i> 9:00 🏠 Bean Bag Baseball [L] 10:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:30 ☆ Pete the Piano Man & Paul on the Guitar [L] 11:00 ♥ Exercise [2] 1:00 ☆ NALW: Sip & Paint Class [L] 1:00 🏠 Wii Bowling [3TV] 3:00 ♥ Aromatherapy [L] 3:00 🏠 Skip-Bo [3TV] 6:30 🦋 Classic Movie Night: The Untouchables [3TV]</p>	<p>10</p> <p><i>National Assisted Living Week</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 🦋 And the Good News Is... [L] 10:00 ♥ Mass with Father Sullivan [PZ] 10:00 ♥ Meditation in the Garden [CC] 11:00 ♥ Exercise [2] 12:30 📺 Trader Joes [BT] 2:00 🦋 NALW: This is Your Life Gram B [L] 3:30 ♥ Trivia Time [L] 4:00 ☆ Book Club with Aaron [L] 6:00 ☆ Calming Coloring</p>	<p>11</p> <p><i>Beauty Salon Open</i> <i>National Assisted Living Week</i> <i>Patriot Day</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ♥ Gentle Stretching [L] 9:30 🦋 Donuts & Discussion [L] 10:00 ♥ Manicures By Appointment [Appt] 10:30 ☆ Catholic Communion [3] 11:00 ♥ Exercise [2] 1:00 📺 NALW: Outing to Elizabeth James Gallery FREE [BT] 3:00 🏠 Bingo [3] 6:00 🦋 Alzheimer's Support Group [3] 6:30 🦋 Wednesday Night Movie: Stan & Ollie [3TV]</p>	<p>12</p> <p><i>Happy Birthday Jerry V!</i> <i>National Assisted Living Week</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ☆ Group Chapter Reading: To Kill a Mockingbird (Harper Lee) [L] 10:00 📺 Senior Day at the World Forestry Center \$3 [BT] 1:00 ♥ Gus the Therapy Dog Visit [L] 2:00 ☆ NALW: Resident & Staff Art Show [L] 3:00 ♥ TED Talks: The Art of Creativity [2] 6:30 🦋 Evening Board Game Group [3TV]</p>	<p>13</p> <p><i>Beauty Salon Open</i> <i>National Assisted Living Week</i> 9:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:00 ☆ NALW: Dreaming of the Future Group Art Project [L] 11:00 ♥ Exercise [2] 1:00 🏠 Bingo [3] 3:00 🦋 Birthday Happy Hour: Beth Willis [L] 6:00 🦋 Cookies, Coffee & Conversation [CN] 6:30 ♥ Documentary Night Movie: Alive Inside [3TV]</p>	<p>14</p> <p><i>National Assisted Living Week</i> 9:00 🏠 Dominoes [3] 10:00 🦋 Coffee Club [3] 11:00 ♥ Exercise [2] 1:00 📍 NALW: Making Bibs For Doernbecher Babies [L] 1:00 🏠 Wii Bowling [3TV] 2:00 🏠 Skip Bo [3TV] 2:30 ♥ Trivia Time [L] 6:30 🦋 Gilligan's Island [Channel 981]</p>																									
<p>15</p> <p>9:00 ☆ Coloring Hour [L] 10:00 📍 Decorating Onsie for the OHSU NICU [L] 11:00 ♥ Exercise [2] 1:00 🏠 Pinochle [3TV] 1:00 📺 Scenic Drive: Bridge of the Gods [BT] 2:00 ☆ DIY Card Making [2] 3:30 ♥ Name 5 [L] 4:30 🦋 Survey Sundays [D] 6:00 🦋 Cookies, Coffee & Conversation [CN]</p>	<p>16</p> <p>9:00 🏠 Bean Bag Baseball [L] 10:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:30 ☆ Pete the Piano Man & Paul on the Guitar [L] 11:00 ♥ Exercise [2] 1:00 ☆ Painting Class [L] 1:00 🏠 Wii Bowling [3TV] 3:00 ♥ Aromatherapy [L] 3:00 🏠 Skip-Bo [3TV] 6:30 🦋 Classic Movie Night: Gone with the Wind PART 1 [3TV]</p>	<p>17</p> <p>8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 🦋 And the Good News Is... [L] 9:00 📺 Fred Meyer 10:00 ♥ Meditation in the Garden [CC] 11:00 ♥ Exercise [2] 12:15 📺 Movie Out: The Gold Finch [BT] 2:00 ☆ Native American Flute & Guitar Music with Tommy Graven [L] 4:00 ☆ Book Club with Aaron [L] 6:30 🦋 Classic Movie Night Movie: Gone with the Wind Part 2 [3TV]</p>	<p>18</p> <p><i>Beauty Salon Open</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ♥ Gentle Stretching [L] 9:30 🦋 Donuts & Discussion [L] 10:00 ♥ Manicures By Appointment [Appt] 10:30 ☆ Catholic Communion [3] 11:00 ♥ Exercise [2] 1:30 📍 Chef's Chat [2] 2:00 🦋 Banana Split Social [L] 3:00 🏠 Bingo [3] 6:00 ☆ Calming Coloring</p>	<p>19</p> <p>8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ☆ Group Chapter Reading: To Kill a Mockingbird (Harper Lee) [L] 10:00 ♥ Jeopardy [L] 11:00 ♥ Exercise [2] 1:00 ♥ Crossword [3] 2:00 ☆ Craft: Leaf Bowls [L] 2:00 ♥ Gus the Therapy Dog Visit [L] 3:00 ♥ Arm Chair Travels: The Alps 6:30 🦋 Evening Board Game Group [3TV]</p>	<p>20</p> <p><i>Beauty Salon Open</i> 9:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:00 ☆ Origami with Yuki [L] 11:00 ♥ Exercise [2] 1:00 🏠 Bingo [3] 3:00 🦋 Happy Hour: Taylor Appelo [L] 6:00 🦋 Cookies, Coffee & Conversation [CN] 6:30 ♥ Documentary Night Movie: They Shall Not Grow Old [3TV]</p>	<p>21</p> <p>9:00 🏠 Dominoes [3] 10:00 🦋 Coffee Club [3] 11:00 ♥ Exercise [2] 12:30 ☆ Horticulture Therapy with Mandi [L] 1:00 ♥ Manicures by Appointment [Appt] 1:00 🏠 Wii Bowling [3TV] 2:00 🏠 Skip Bo [3TV] 2:30 ♥ Trivia Time [L] 6:30 🦋 Gilligan's Island [Channel 981]</p>																									
<p>22</p> <p><i>Happy Birthday Chuck D!</i> 9:00 ☆ Coloring Hour [L] 11:00 ♥ Exercise [2] 1:00 🏠 Pinochle [3TV] 1:00 📺 Scenic Drive: Canby Ferry [BT] 2:00 ☆ DIY Card Making [2] 3:30 ♥ Name 5 [L] 4:30 🦋 Survey Sundays [D] 6:00 🦋 Cookies, Coffee & Conversation [CN]</p>	<p>23</p> <p><i>First Day of Fall</i> 9:00 🏠 Bean Bag Baseball [L] 10:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:30 ☆ Pete the Piano Man & Paul on the Guitar [L] 11:00 ♥ Exercise [2] 1:00 ☆ Painting Class [L] 1:00 🏠 Wii Bowling [3TV] 2:00 ☆ Making Happy Fall Signs [L] 3:00 ♥ Aromatherapy [L] 3:00 🏠 Skip-Bo [3TV] 6:30 🦋 Classic Movie Night: The Sound of Music [3TV]</p>	<p>24</p> <p>8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 🦋 And the Good News Is... [L] 10:00 ♥ Meditation in the Garden [CC] 10:15 ♥ Able Hearing (Help with Hearing Aids) [2] 11:00 ♥ Exercise [2] 12:00 ♥ Flu Clinic [2] 2:00 ♥ Trivia Time [L] 3:00 ☆ September in the Rain with Matthew Casey [L] 4:00 ☆ Book Club with Aaron [L] 6:00 ☆ Calming Coloring</p>	<p>25</p> <p><i>Beauty Salon Open</i> 8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 📺 Dollar Store [BT] 9:00 ♥ Gentle Stretching [L] 9:30 🦋 Donuts & Discussion [L] 10:00 ♥ Manicures By Appointment [Appt] 10:30 ☆ Catholic Communion [3] 11:00 ♥ Exercise [2] 11:30 📺 Lunch Out: Zien Hong Chinese Food \$ [BT] 3:00 🏠 Bingo [3] 4:00 🏠 Bingo Bucks Store [3] 6:30 🦋 Wednesday Night Movie: The Old Man & The Gun [3TV]</p>	<p>26</p> <p>8:45 ♥ Morning Walk (WEATHER PERMITTING) [L] 9:00 ☆ Group Chapter Reading: To Kill a Mockingbird (Harper Lee) [L] 10:00 🏠 Balloon Volleyball [L] 11:00 ♥ Exercise [2] 1:00 ♥ Crossword [3] 2:00 ☆ Craft: Pinecone Hedgehogs [L] 2:00 ♥ Gus the Therapy Dog Visit [L] 3:00 ♥ TED Talks: How to Be Happy Everyday [2] 6:30 🦋 Evening Board Game Group [3TV]</p>	<p>27</p> <p><i>Beauty Salon Open</i> 9:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:00 🏠 Boggle [L] 11:00 ♥ Exercise [2] 1:00 🏠 Bingo [3] 3:00 🦋 Joint Happy Hour: Charles & His Angels [L] 6:00 🦋 Cookies, Coffee & Conversation [CN] 6:30 ♥ Documentary Night Movie: RBG [3TV]</p>	<p>28</p> <p>9:00 🏠 Dominoes [3] 10:00 🦋 Coffee Club [3] 11:00 ♥ Exercise [2] 1:00 ♥ Manicures by Appointment [Appt] 1:00 🏠 Wii Bowling [3TV] 2:00 🏠 Skip Bo [3TV] 2:30 ♥ Trivia Time [L] 6:30 🦋 Gilligan's Island [Channel 981]</p>																									
<p>29</p> <p><i>Rosh Hashanah Begins</i> 9:00 ☆ Coloring Hour [L] 10:00 📍 Decorating Onsie for the OHSU NICU [L] 11:00 ♥ Exercise [2] 1:00 🏠 Pinochle [3TV] 1:00 📺 Scenic Drive: Clackamas River Drive [BT] 2:00 ☆ DIY Card Making [2] 3:30 ♥ Name 5 [L] 4:30 🦋 Survey Sundays [D] 6:00 🦋 Cookies, Coffee & Conversation [CN]</p>	<p>30</p> <p>9:00 🏠 Bean Bag Baseball [L] 10:00 ♥ Morning Walk (WEATHER PERMITTING) [L] 10:30 ☆ Pete the Piano Man & Paul on the Guitar [L] 11:00 ♥ Exercise [2] 1:00 ☆ Painting Class [L] 1:00 🏠 Wii Bowling [3TV] 3:00 ♥ Aromatherapy [L] 3:00 🏠 Skip-Bo [3TV] 6:30 🦋 Classic Movie Night: Mr. Skeffington [3TV]</p>	 <p>Courtyard at Mt Tabor Independent Living • Assisted Living • Memory Care</p>					<p>Location Keys</p> <table border="0"> <tr> <td>2nd Floor</td> <td>2</td> <td>Channel 981</td> <td>Channel 981</td> </tr> <tr> <td>3rd Floor</td> <td>3</td> <td>Coffee Nook</td> <td>CN</td> </tr> <tr> <td>3rd Floor TV Room</td> <td>3TV</td> <td>Dining Room</td> <td>D</td> </tr> <tr> <td>Appointment</td> <td>Appt</td> <td>Lobby</td> <td>L</td> </tr> <tr> <td>Bus Trip</td> <td>BT</td> <td>Plaza</td> <td>PZ</td> </tr> <tr> <td>Center Courtyard</td> <td>CC</td> <td></td> <td></td> </tr> </table>	2nd Floor	2	Channel 981	Channel 981	3rd Floor	3	Coffee Nook	CN	3rd Floor TV Room	3TV	Dining Room	D	Appointment	Appt	Lobby	L	Bus Trip	BT	Plaza	PZ	Center Courtyard	CC		
2nd Floor	2	Channel 981	Channel 981																												
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Center Courtyard	CC																														

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- 🏠 Be Challenged
- 🗨️ Be Connected
- 👨‍👩‍👧‍👦 Be Family
- 🌟 Be Inspired
- 🦋 Be Social
- ♥ Be Well