


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>New Years Day 1</b> 10:30 🎹 Pete the Piano Man & Paul on the Guitar [L] 11:00 🏃 Exercise with Marilyn & Cheryl [2] 1:30 🎮 League Wii Bowling [3TV] 2:00 ✨ Aromatherapy [L] 3:00 🎮 Skip-Bo [3TV] 5:00 🐕 Parker the Therapy Dog [L] 6:30 🎬 Monday Night Movie [3TV]	<b>2</b> 9:30 📍 Current Events [L] 10:00 ✨ Cooking Hour: Puff Pastries [L] 10:30 ✨ Catholic Communion [3] 11:00 🏃 Exercise [2] 1:00 🎮 Balloon Volleyball [L] 2:00 🧘 Chair Yoga [L] 3:00 🗳 Resident Town Hall Meeting [2] 5:00 🎵 Evening Music with Alan [L]	<b>3</b> 9:30 🍩 Donuts & Discussion [L] 10:00 ✨ Christain Faith Service [2] 11:00 📺 Old Church Concert & Sack Lunch [BT] 11:00 🏃 Exercise with Marilyn & Cheryl [2] 1:30 🏃 Exercise with Diana [2] 2:00 🎮 Bingo [3] 3:30 ✨ Painting Class [L] 6:30 🎬 Wednesday Night Movie [3TV]	<b>4</b> <b>AL Adventist Foot Care by Appt \$\$</b> 9:00 ✨ Group Chapter Reading: Harry Potter and the Sorcerer's Stone [L] 10:00 🏃 Crossword [3] 11:00 🏃 Exercise [2] 1:30 🎮 League Wii Bowling [3TV] 2:00 ✨ Craft: Decorating Gloves [L] 2:30 🏃 Eyebrows with Donna [2] 3:00 🎮 Skip-bo [3TV] 5:00 🍸 Cocktails & Trivia with Annette [L] 6:30 🎬 Thursday Night Movie [3TV]	<b>5</b> <b>Happy 9th Anniversary Dorothy P</b> 9:15 🎵 Vibrant Life & You [L] 10:00 🎮 Boggle [L] 11:00 🏃 Exercise [2] 1:00 🎮 Bingo [3] 3:00 🎵 Happy Hour: Monte Waters (Piano) [L] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>6</b> <b>Happy Birthday Cristy L* &amp; Cassandra J*!</b> 9:00 🎮 Dominoes [3] 10:00 🎮 Coffee Club [3] 11:00 🏃 Exercise [2] 1:00 ✨ Making Dog Treats for OHS Dogs [L] 1:00 📺 Learn Wii Games [3TV] 1:30 🎮 Open Wii Bowling [3TV] 2:00 🏃 Manicures [Appt] 2:30 🎮 Skip Bo [3TV] 5:00 🎵 Lawrence Welk [3TV]
<b>7</b> 10:00 🏃 Manicures [3] 11:00 🏃 Exercise [2] 1:30 📺 Scenic Drive [BT] 1:30 🎮 League Wii Bowling [3TV] 3:30 ✨ Coloring Hour [L] 5:30 🎵 Survey Sundays [L] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>8</b> 8:30 🎮 Treasure Hunt [L] 10:30 🎹 Pete the Piano Man & Paul on the Guitar [L] 10:30 🗳 Chef's Chat [2] 11:00 🏃 Exercise [2] 1:00 📺 Fred Meyer (Hollywood) 1:30 🎮 League Wii Bowling [3TV] 3:00 🎮 Skip-Bo [3TV] 4:00 📺 Computer Lab [Appt] 6:30 🎬 Monday Night Movie [3TV]	<b>9</b> 9:30 📍 Current Events [L] 10:30 ✨ Catholic Communion [3] 11:00 🏃 Exercise [2] 1:00 ✨ Card Making [2] 2:00 🏃 Ball Toss [L] 3:00 ✨ Cooking Hour: Richard Burden's Pinwheel Cookies [L] 5:00 🎵 Evening Music with Alan [L]	<b>10</b> 9:30 🍩 Donuts & Discussion [L] 10:00 📺 Chinese Gardens [BT] 11:00 🏃 Exercise with Cheryl and Marilyn [2] 1:30 🏃 Exercise with Diana [2] 2:00 🎮 Bingo [3] 3:30 ✨ Painting Class [L] 6:30 🎬 Wednesday Night Movie [3TV]	<b>11</b> <b>MC Adventist Footcare by Appt. \$\$</b> 9:00 ✨ Group Chapter Reading: Harry Potter and the Sorcerer's Stone [L] 10:00 🏃 Crossword [3] 11:00 🏃 Exercise [2] 1:00 ✨ Craft: Paper Cactus [L] 1:30 🎮 League Wii Bowling [3TV] 2:30 ✨ Cooking Hour: Pineapple Upside-Down Cupcakes [L] 3:00 🎮 Skip-bo [3TV] 5:00 🍸 Cocktails & Trivia with Annette [L] 6:30 🎬 Thursday Night Movie [3TV]	<b>12</b> 10:00 🎮 Horse Shoes [L] 11:00 🏃 Exercise [2] 1:00 🎮 Bingo [3] 3:00 🎵 Happy Hour: Steven Champagne (Guitar/Singing) [L] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>13</b> 9:00 🎮 Dominoes [3] 10:00 🎮 Coffee Club [3] 11:00 🏃 Exercise [2] 1:00 ✨ Making Cat Toys for OHS [L] 1:30 📺 Open Wii Bowling [3TV] 2:00 🏃 Manicures [Appt] 2:30 🎮 Skip Bo [3TV] 4:00 📺 Computer Lab [2] 5:00 🎵 Lawrence Welk [3TV]
<b>14</b> 10:00 🏃 Manicures [3] 11:00 🏃 Exercise [2] 1:30 📺 Scenic Drive [BT] 1:30 🎮 League Wii Bowling [3TV] 3:30 ✨ Coloring Hour [L] 5:30 🎵 Survey Sundays [L] 5:30 🎬 Downton Abbey Season 1/ Episode 2 [3TV] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>15</b> <b>MLK Day Mercy Corps Veteran Project [L]</b> 10:30 🎹 Pete the Piano Man & Paul on the Guitar [L] 11:00 🏃 Exercise [2] 1:30 🎮 League Wii Bowling [3TV] 3:00 🍌 Milkshake Monday: Chocolate Banana [L] 3:00 🎮 Skip-Bo [3TV] 4:00 📺 Computer Lab [Appt] 5:00 🐕 Parker the Therapy Dog [L] 6:30 🎬 Monday Night Movie [3TV]	<b>16</b> <b>Happy Birthday Maxine M!</b> 9:30 📍 Current Events [L] 10:15 🎮 Wheel of Fortune [L] 10:30 ✨ Catholic Communion [3] 11:00 🏃 Exercise [2] 1:00 🎮 Balloon Volleyball [L] 2:00 🧘 Chair Yoga [L] 3:00 ✨ Cooking Hour: Lava Cakes [L] 5:00 🎵 Evening Music with Alan [L]	<b>17</b> 9:30 🍩 Donuts & Discussion [L] 10:00 ✨ Christain Faith Service [2] 10:30 🎮 Bingo [3] 11:00 🏃 Exercise [2] 1:00 ✨ Origami with Yuki [ALZ] 1:30 🏃 Exercise with Diana [2] 2:00 🎵 Sing-a-Long with Catherine [L] 3:30 ✨ Painting Class [L] 4:30 🎵 Steak Night with Gabrielle Guerrero (Accordion) [D] 6:30 🎬 Wednesday Night Movie [3TV]	<b>18</b> 9:00 ✨ Group Chapter Reading: Harry Potter and the Sorcerer's Stone [L] 10:00 🏃 Crossword [3] 11:00 🏃 Exercise [2] 1:00 ✨ Craft: Crystal Snow Flakes [L] 1:30 🎮 League Wii Bowling [3TV] 2:30 🍌 Hot Cocoa Bar [L] 3:00 🎮 Skip-bo [3TV] 5:00 🍸 Cocktails & Trivia with Annette [L] 6:30 🎬 Thursday Night Movie [3TV]	<b>19</b> 10:00 🎮 Boggle [L] 11:00 🏃 Exercise [2] 1:00 🎮 Bingo [3] 3:00 🎵 Happy Hour: Pete & Paul (Guitar/Piano) [L] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>20</b> 9:00 🎮 Dominoes [3] 10:00 🎮 Coffee Club [3] 11:00 🏃 Exercise [2] 1:00 ✨ Spelling Bee [L] 1:00 📺 Learn Wii Games [3TV] 1:30 📺 Open Wii Bowling [3TV] 2:00 🏃 Manicures [Appt] 2:30 🎮 Skip Bo [3TV] 5:00 🎵 Lawrence Welk [3TV]
<b>21</b> 10:00 🏃 Manicures [3] 11:00 🏃 Exercise [2] 1:30 📺 Scenic Drive [BT] 1:30 🎮 League Wii Bowling [3TV] 3:30 ✨ Coloring Hour [L] 5:30 🎵 Survey Sundays [L] 5:30 🎬 Downton Abbey Season 1/ Episode 2 [3TV] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>22</b> 8:30 🎮 Treasure Hunt [L] 10:30 🎹 Pete the Piano Man & Paul on the Guitar [L] 11:00 🏃 Exercise [2] 1:00 📺 Fred Meyer 1:30 🎮 League Wii Bowling [3TV] 3:00 🎮 Skip-Bo [3TV] 4:00 📺 Computer Lab [Appt] 6:30 🎬 Monday Night Movie [3TV]	<b>23</b> <b>Happy Birthday Laura N*!</b> 9:30 📍 Current Events [L] 10:15 🏃 Able Hearing (Help with Hearing Aids) [2] 10:30 ✨ Catholic Communion [3] 11:00 🏃 Exercise [2] 12:30 📺 Movie Out: Leisure Seeker 1:00 ✨ Card Making [2] 3:00 🎵 Afternoon Music with Matthew Case (Piano/Singing) [L] 5:00 🎵 Evening Music with Alan [L]	<b>24</b> <b>Happy Birthday Art M*!</b> 9:30 🍩 Donuts & Discussion [L] 11:00 🏃 Exercise [2] 1:30 🏃 Exercise with Diana [2] 2:00 🎮 Bingo [3] 3:30 ✨ Painting Class [L] 4:45 📺 Dinner Out: Tokio Table (Japanese Steak House) [BT] 6:30 🎬 Wednesday Night Movie [3TV]	<b>25</b> 9:00 ✨ Group Chapter Reading: Harry Potter and the Sorcerer's Stone [L] 10:00 🏃 Crossword [3] 11:00 🏃 Exercise [2] 1:00 ✨ Making Strawberry Lemonade Pies for Dinner Service [L] 1:30 🎮 League Wii Bowling [3TV] 2:30 ✨ Craft: Sparkly Icicles [L] 3:00 🎮 Skip-bo [3TV] 5:00 🍸 Cocktails & Trivia with Annette [L] 6:30 🎬 Thursday Night Movie [3TV]	<b>26</b> 10:00 🎮 Horse Shoes [L] 11:00 🏃 Exercise [2] 1:00 🎮 Bingo [3] 1:30 🐕 SoBrina the Therapy Dog [L] 3:00 🎵 Happy Hour: Chihuahua Desert Band [MH] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>27</b> <b>Happy 4th Anniversary, Harriet M</b> 9:00 🎮 Dominoes [3] 10:00 🎮 Coffee Club [3] 11:00 🏃 Exercise [2] 1:00 ✨ Facials [L] 1:30 📺 Open Wii Bowling [3TV] 2:00 🏃 Manicures [Appt] 2:30 🎮 Skip Bo [3TV] 4:00 📺 Computer Lab [2] 5:00 🎵 Lawrence Welk [3TV]
<b>28</b> <b>Happy Birthday Art L!</b> 10:00 🏃 Manicures [3] 11:00 🏃 Exercise [2] 1:30 📺 Scenic Drive [BT] 1:30 🎮 League Wii Bowling [3TV] 3:30 ✨ Coloring Hour [L] 5:30 🎵 Survey Sundays [L] 5:30 🎬 Downton Abbey Season 1/ Episode 2 [3TV] 6:00 🍪 Cookies, Coffee & Conversation [CN]	<b>29</b> 10:00 📺 Trader Joes [BT] 10:30 🎹 Pete the Piano Man & Paul on the Guitar [L] 11:00 🏃 Exercise [2] 1:30 🎮 League Wii Bowling [3TV] 3:00 🎮 Skip-Bo [3TV] 4:00 📺 Computer Lab [Appt] 5:00 🐕 Parker the Therapy Dog [L] 6:30 🎬 Monday Night Movie [3TV]	<b>30</b> <b>Happy 100th Birthday Dorothy P!</b> <b>Happy Birthday Barbara H!</b> 9:30 📍 Current Events [L] 10:30 ✨ Catholic Communion [3] 11:00 🏃 Exercise [2] 1:00 🎵 This is Your Life: Dorothy Pickard with Secret Musical Guest [L] 5:00 🎵 Evening Music with Alan [L]	<b>31</b> 9:30 🍩 Donuts & Discussion [L] 10:00 📺 Taking Donations to OHS [BT] 11:00 🏃 Exercise with Cheryl & Marilyn [2] 1:30 🏃 Exercise with Diana [2] 2:00 🎮 Bingo [3] 3:00 🎮 Bingo Bucks Store [3] 6:30 🎬 Wednesday Night Movie [3TV]	<b>Location Keys</b> 2nd Floor 2 3rd Floor 3 3rd Floor TV Room 3TV Appointment Appt Atrium ALZ Bus Trip BT Coffee Nook CN Dining Room D Lobby L Mt Hood Lobby MH	<b>Tag Icons</b> 📺 Be Adventurous 🎮 Be Challenged 🗳 Be Connected 🍌 Be Family ✨ Be Inspired 🎵 Be Social 🏃 Be Well	