

Courtyard at Mt Tabor - Plaza Menu Preview

Restaurant hours: 7:00am - 7:00pm. There are Daily Specials plus our Standard Menu. Daily Specials served 11:30am - 7:00pm. Breakfast served all day. (H) = Healthy option.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Specialty Salad: Assorted Salad	Specialty Salad: Pasta Salad	Specialty Salad: Pickled Beets	Specialty Salad: Ambrosia	Specialty Salad: Cucumber Salad	Specialty Salad: Cole Slaw	Specialty Salad: Cranberry Orange Salad
Housemade Soup: Soup of the Day	Housemade Soup: Soup of the Day	Housemade Soup: Soup of the Day	Housemade Soup: Soup of the Day	Housemade Soup: Soup of the Day	Housemade Soup: Clam Chowder	Housemade Soup: Soup of the Day
Daily Specials: Pork Roast- Clove & Mandarin Glaze	Daily Specials: Egg Salad Greens, Tomato, Greens	Daily Specials: Beef Mac Bake- Cheese, Tomato	Daily Specials: Red Pepper & Bean Polenta With Basil	Daily Specials: Savory Meatloaf- Mushroom Gravy	Daily Specials: Fish Of The Week- Lemon & Tartar Sauce	Daily Specials: Peach Chipotle Chicken- Browned & Glazed
Pot Roast - Onion Gravy	Spaghetti & Meatballs- Marinara & Parm	Grilled Turkey Sandwich- Onions, Tomato, Cheese	Spiced Pork - With Rice & Bok Choy	Cornish Game Hens- Rosemary, Garlic & Thyme	Quinoa Burger- Tomato, Lettuce	Chick Pea Cacciatore- Over Brown Rice
Turkey & Dumplings- Vegetable & Gravy	Ham & Broccoli Fritters Cheese Sauce	Stuffed Shells & Cheese With Vegetables	Mac & Cheese- With Grilled Ham & Onions	Eggplant Stew- Mushrooms, Onion, Zucchini	Ham Stacks- Ham, Hash browns ,Onion	Chicken Fried Steak- Country Gravy
Sides: Mashed Potatoes Wild Rice Brussel Sprouts Vegetable Medley	Sides: Seasoned Rice Roast Cauliflower Peas Black Bean & Peppers	Sides: Baked Potato Broccoli Medley Tarragon Carrots Stewed Tomatoes	Sides: Orzo Pilaf Napa Cabbage Spinach Fries	Sides: Mashed Potatoes Beans & Okra Peas Mixed Vegetables	Sides: Steamed Yukon Golds Creamed Corn Zucchini & Mushrooms Pasta Salad	Sides: Rice Beets & Onions Peas & Carrots Mashed Potatoes
From our Bakery: Assorted Bread	From our Bakery: Rolls	From our Bakery: Sourdough Bread	From our Bakery: Focaccia	From our Bakery: Honey Oat Bread	From our Bakery: Cranberry Sage Cornbread	From our Bakery: Raisin Molasses Bread
Dessert: Oatmeal Cake	Dessert: Assorted Ice Cream	Dessert: Texas Tornado Cake	Dessert: Blueberry Turnover	Dessert: Chocolate Cream Pie	Dessert: Cinnamon Roll Cake	Dessert: Lemon Pie